WHERE DO I START?
DISABILITY SPECIFIC RESOURCES

Parents of children with disabilities frequently request information and support regarding a particular disability. Below is a list of Colorado disability specific organizations that offer resources information and, in some cases, parent support groups. Also included are major national organizations (in italics). Call P2P or visit our website for additional resources.

### Parent to Parent of Colorado (P2P) [p2p-co.org](http://p2p-co.org) 877-472-7201

P2P will help get you to the right resources. Contact us—we’re all in this together.

- One to one parent matching (birth through life), parent support, information and referral
- Active online listserv linking parents throughout the state
- Website with disability specific resources, parent support groups and more

### Autism/Asperger Syndrome

- Autism Society of Colorado [autismcolorado.org](http://autismcolorado.org) 720-214-0794 or 866-733-0794
- Autism and Asperger Connections of Colorado Springs [autismaspergerconnections.org](http://autismaspergerconnections.org) 719-344-5619
- Autism Society of Boulder County [autismboulder.org](http://autismboulder.org) 720-272-8231
- Larimer County Autism Society [autismlarimer.org](http://autismlarimer.org) 970-377-9640
- Roaring Fork Autism Network [rfautism.org](http://rfautism.org) 970-309-5485
- Society of America [autism-society.org](http://autism-society.org) 800-328-8476
- Online Asperger Syndrome Information & Support (O.A.S.I.S.) [aspergersyndrome.org](http://aspergersyndrome.org) 219-662-1311

### Brain Injury

- Brain Injury Association of Colorado [biacolorado.org](http://biacolorado.org) 800-955-2443
- Brain Injury Association of America [biausa.org](http://biausa.org) 800-444-6443

### Cerebral Palsy

- Cerebral Palsy of Colorado [cpco.org](http://cpco.org) 303-691-9339
- Cerebral Palsy Association of Colorado Springs [cpappr.org](http://cpappr.org) 719-638-0808
- United Cerebral Palsy [ucp.org](http://ucp.org) 800-872-5827

### Chromosomal Disorders

- The XXY Project [xxyysyndrome.org](http://xxyysyndrome.org) 215-394-5942
- Chromosome Disorder Outreach [chromodisorder.org/CDO](http://chromodisorder.org/CDO) 561-395-4252
- National Fragile X Foundation [fragilex.org](http://fragilex.org) 800-688-8765

### Down Syndrome

- Colorado Springs Down Syndrome Association [cdda.org](http://cdda.org) 719-633-1133
- Rocky Mountain Down Syndrome Association [rmdsa.org](http://rmdsa.org) 303-797-1699
- National Down Syndrome Congress [ndsccenter.org](http://ndsccenter.org) 800-232-6372

### Epilepsy

- Epilepsy Foundation of Colorado [epilepsycolorado.org](http://epilepsycolorado.org) 303-377-9774 or 888-378-9779
- Epilepsy Foundation [epilepsyfoundation.org](http://epilepsyfoundation.org) 800-332-1000
Fetal Alcohol Syndrome
- NOFAS Colorado  nofascolorado.org  720-446-2442
- National Organization on Fetal Alcohol Syndrome  nofas.org  800-666-6327

Hearing and Vision Impairments
- American Council of the Blind of Colorado  acbco.org  888-775-2221
- Anchor Center for Blind Children  anchorcenter.org  303-377-9732
- Colorado Families for Hands and Voices  cohandsandvoices.org  303-492-6283
- Colorado School for the Deaf and Blind  csdb.org  719-578-2100
- National Federation of the Blind of Colorado  nfbco.org  303-778-1130 or 800-401-4632

Infantile Scoliosis
- Infantile Scoliosis Outreach Program (ISOP)  infantscoliosis.org  303-691-9339 or 866-417-4873

Learning Disabilities/Dyslexia
- Rocky Mountain Branch of International Dyslexia Association  dyslexia-rmbda.org  303-721-9425
- International Dyslexia Association  interdys.org  410-296-0232
- LD Online  ldonline.org
- National Center for Learning Disabilities  nclrd.org  888-575-7373

Mental Health
- Empower Colorado  empowercolorado.com  866-213-4631
- Mental Health America of Colorado  mhaofco.org  800-456-3249
- National Alliance for the Mentally Ill Colorado  namicolado.org  888-566-6264
- The Balanced Mind Foundation  thebalancedmind.org  847-492-8510
- Depression and Bipolar Support Alliance  dbsalliance.org  800-826-3632

Spina Bifida
- Spina Bifida Association of Colorado  coloradospinabifida.org  303-797-7870

Tourette Syndrome
- Tourette Syndrome Association Rocky Mountain Region  tsa-rmr.org  720-212-7535
- Tourette Syndrome Association  tsa-usa.org  718-224-2999

For information on additional specific disabilities, we recommend:
- CHADD (Children & Adults w/ Attention Deficit/Hyperactivity Disorder)  chadd.org  800-233-4050
- Muscular Dystrophy Parent Project  parentprojectmd.org  800-714-5437
- Parents of Premature Babies  preemie-l.org
- Sensory Processing Disorder Foundation  spdfoundation.net  303-794-1182

For general information on disabilities from national organizations, we recommend:
- MUMS National Parent-to-Parent Network  netnet.net/mums
- National Dissemination Center for Children with Disabilities (NICHCY)  nichcy.org  800-695-0285
- National Organization for Rare Disorders (NORD)  rarediseases.org  800-999-6673

The WHERE DO I START? series is available for downloading in English and Spanish at p2p-co.org
#1 General Resources
#2 Disability Specific Resources
#3 The Three P's: P2P, PEAK, PEP

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