FOOD ASSISTANCE PROGRAMS THAT SERVE IMMIGRANTS OF ALL STATUSES

Food Pantries, Commodities & Meal Sites
Sites that offer free food or meals to families and individuals. Call the Food Resource Hotline (855-855-4626) to connect with food resources near you.

Women, Infants, and Children (WIC)
WIC provides healthy, nutritious food (such as fruits, vegetables and baby food), nutrition education, breastfeeding support and other free services for pregnant women, postpartum women and children up to the age of 5. You can request an appointment at ColoradoWICSignUp.com.

Child Nutrition Programs
Free school lunch and breakfast, after school snacks and suppers and summer meals for children 18 and under. Contact your school district to apply for school meals and visit KidsFoodFinder.org to find a summer meal site near you.

*Summer meal sites are open to everyone 18 and under, no ID required.
IMMIGRANT RIGHTS & FOOD ASSISTANCE

DOES THIS APPLY TO ME?

Do you and your family members already have green cards?

The use of food assistance benefits WILL NOT impact you. However, if you plan to leave the country for more than 6 months, it's a good idea to speak with an immigration attorney.

Are you applying for one of the following statuses?

U.S. Citizenship, Green card renewal, DACA renewal or TPS, U or T Visa, Asylum or Refugee status, or Special Immigrant Juvenile Status

The use of food assistance benefits does NOT impact some immigrants, including the categories listed here. If you already have (or are in the process of applying for one of these immigration statuses), you can continue to use any government programs that you qualify for.

Does your family plan to apply for a green card or visa from inside the United States?

Right now, changes to public charge rules only apply to immigrants who have applications processed outside the United States. For those applying inside the United States, only the use of cash assistance and long term care programs will be considered in your public charge test. You should continue to use the health, housing and nutrition programs you are eligible for.

Does your family plan to apply for a green card or visa from outside the United States?

New rules may apply, you should talk with an expert for advice on your case before making any decisions. For free or low-cost options near you, visit ImmigrationAdvocates.org/Nonprofit/LegalDirectory.